









表5 与食管外症状 相关的因素分析  
Table 5 Univariate analysis of associated factors

Factors	B	Wald $\chi^2$	P	OR	95% CI	
					Lower limit	Upper limit
Low education level	0.496	4.710	0.030	1.646	1.049	2.572
Smoking	1.024	7.565	0.005	2.488	2.047	3.281
High BMI	0.065	4.349	0.037	1.067	1.004	1.135
Constipation	-0.372	1.578	0.209	0.689	0.385	1.232
Depression	0.063	4.339	0.038	1.062	1.002	1.133
Anxiety	0.062	4.328	0.039	1.061	1.001	1.131
GerdQ score	-0.074	3.441	0.064	0.928	0.858	1.004

EE: extra-esophageal; BMI: body mass index; Gerd: Gastroesophageal Reflux Disease Questionnaire.

RE, BMI、  
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[21]报  
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通过 [1,9]  
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BMI RE  
EE 报  
[10,22] 学京  
LES 伴京BMI北北 京对 过北对过伴北过京 北对过伴北过京 北北对过对伴京北对 医  
LES  
; [10,23]  
年 RE  
[4,24] EE, EE  
①  
,LES

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